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DECISION MAKING FOR COACHES

To choose or not to choose, that is the question...

Antoni GIROD

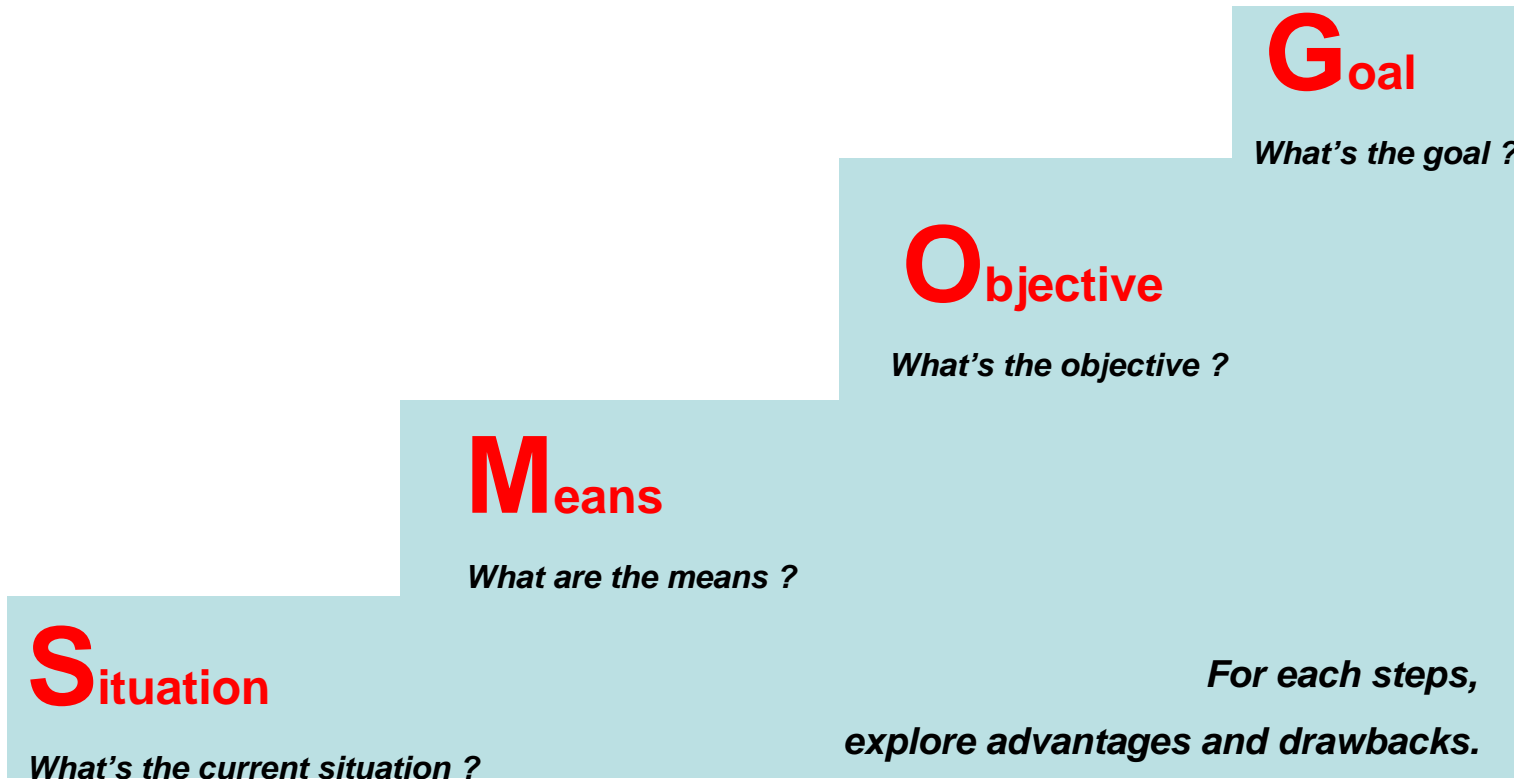


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1/ The key questions in decision making

*To clear the smog of doubt, use the **SMOG** method...*



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2/ The different levels in decision making



Take in account the 6 levels of the « Decision Building » when making decision i.e. when drawing up the annual plan.

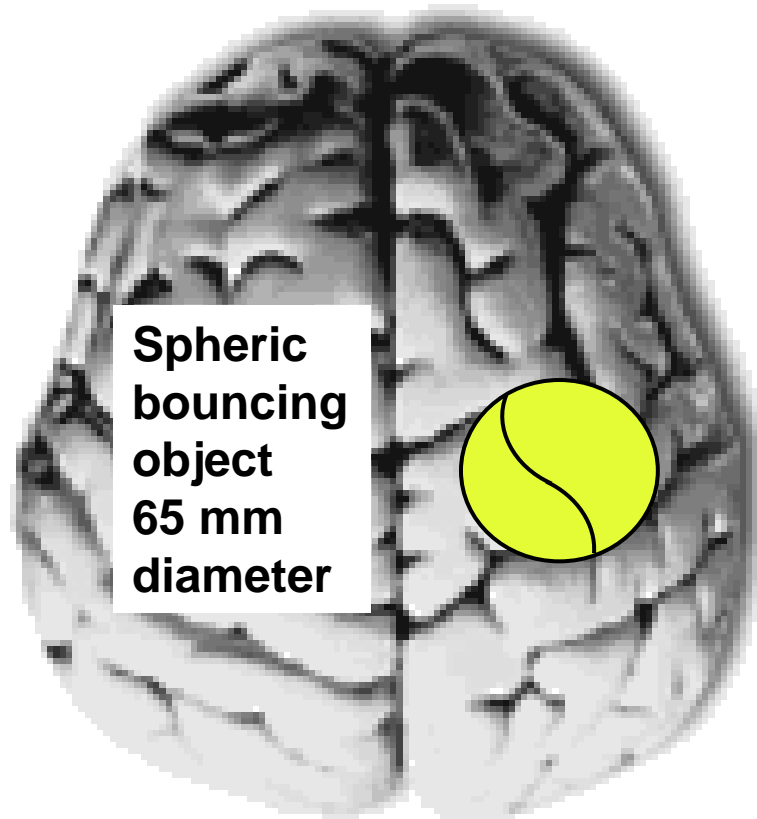
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3/ Using total brain in decision making

To make efficient decisions, gather information then trust your feeling.

Left brain is :

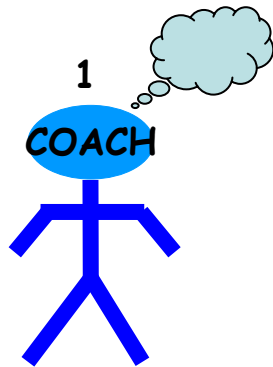
- ↳ *analytic*
- ↳ *logical*
- ↳ *structured*



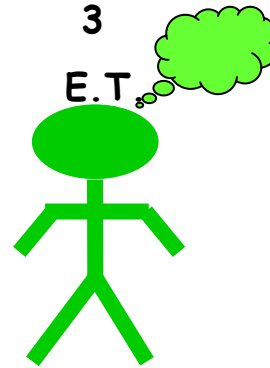
Right brain is :

- global* ↗
- analogic* ↗
- intuitive* ↗

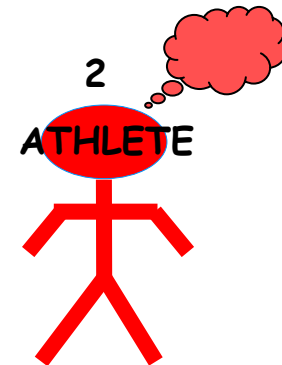
4/ Using multiple points of view in decision making



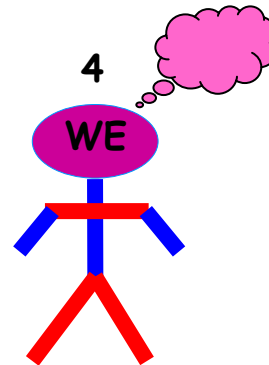
1/ The point of view of the coach



3/ The point of view of « E.T. »



2/ The point of view of the athlete



4/ The point of view of both the coach and the athlete