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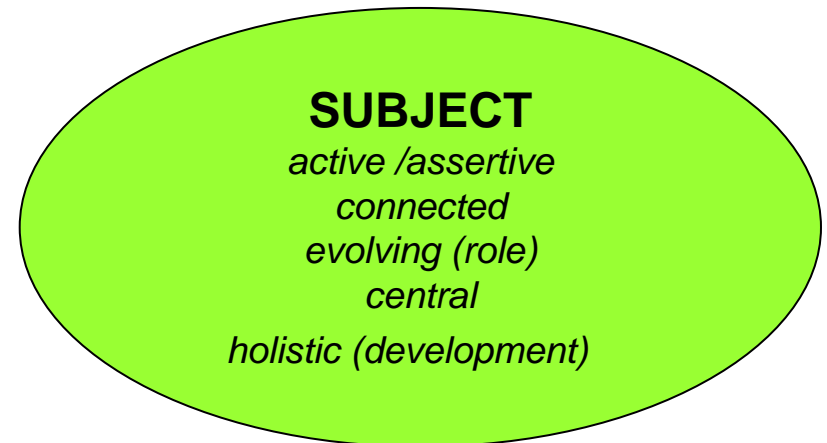
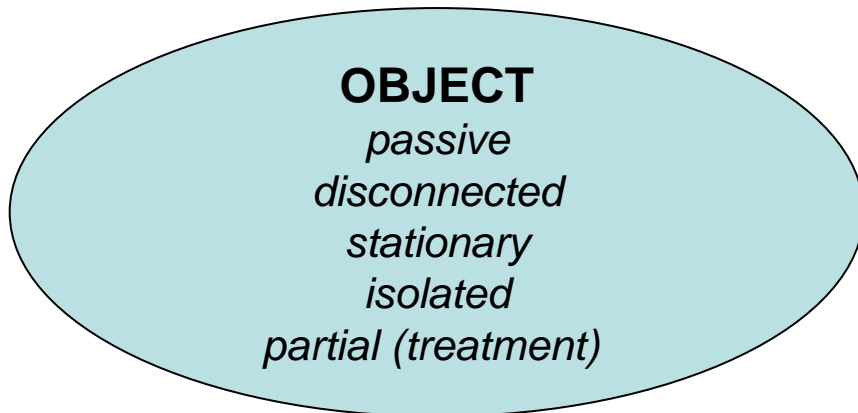
ATHLETES

their role in & experience of sport environments (of which relationship with coach is THE cornerstone)

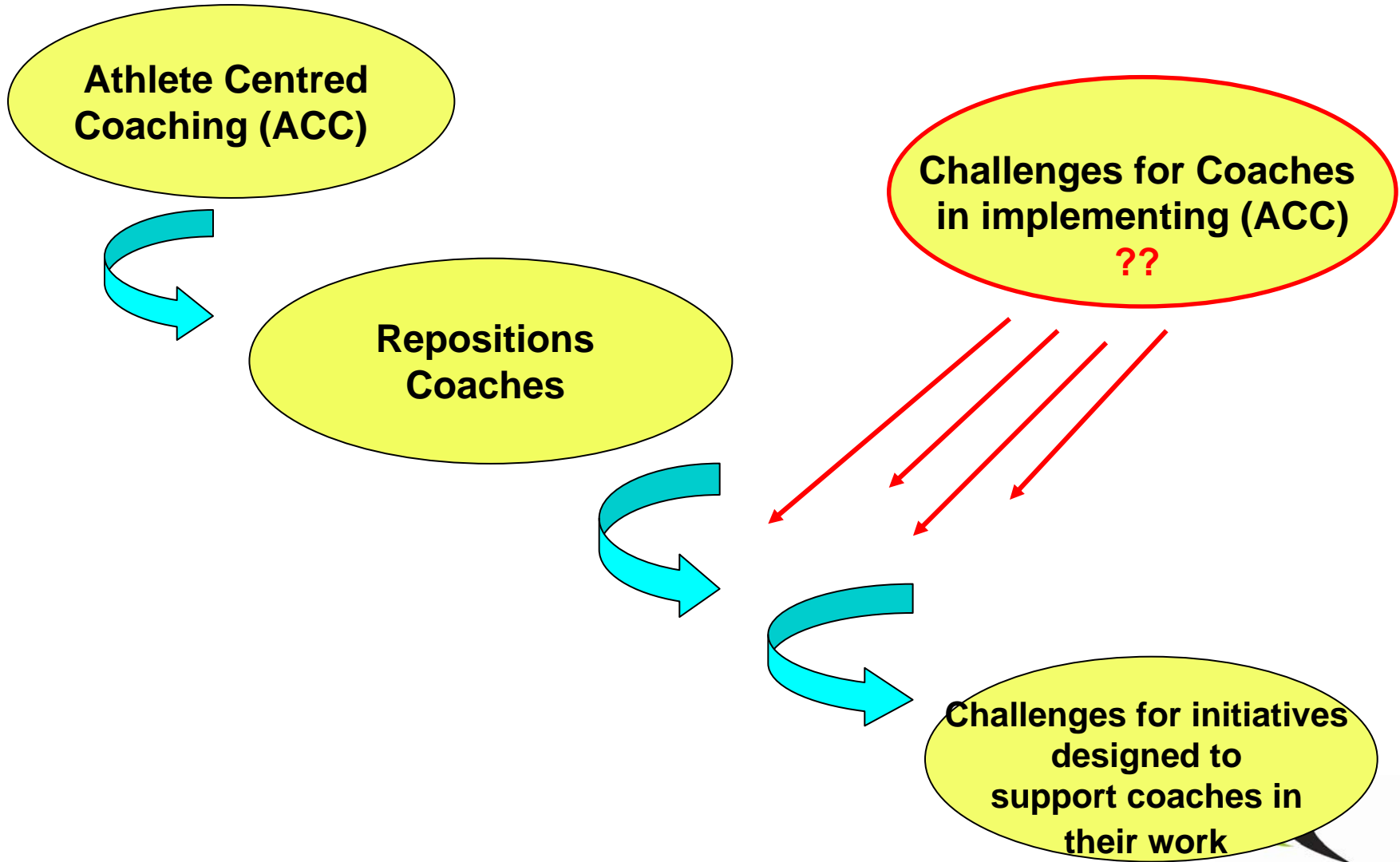
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COACHES

putting athletes first & supported by professional development opportunities which foster this



Our starting point



Athlete centred coaching

Cornerstone of ACC is use of tactical approaches

- TGfU & its variant of Game Sense
- Offers authentic experiences within realistic contexts e.g. tactical understanding, skill development & decision making
- Creating *problem solving opportunities* to prompt thinking rather than telling players /athletes what to do
- For example, through questioning but also simply letting ‘trial & error’ unfold, in fact, *creating* space for ‘trial & error’
- The game itself can be the question & the greatest ‘teacher’
- Development of good judgement ... & then trusting that judgement! Incremental process (little by little ...)
- Team culture (the ‘glue’ that keeps people together) & builds identity