

Draft General Player/Athlete Pathway – Statement of Player/Athlete Capacities

FUNDamental	Learning to Train	Training to Train	Training to Compete	Training to Win	Retirement/ Retainment
AIM:	AIM:	AIM:	AIM:	AIM:	AIM:
<b>Technical</b> •	<b>Technical</b> •	<b>Technical</b> •	<b>Technical</b> •	<b>Technical</b> •	<b>Technical</b> •
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
<b>Tactical</b> •	<b>Tactical</b> •	<b>Tactical</b> •	<b>Tactical</b> •	<b>Tactical</b> •	<b>Tactical</b> •
•	•	•	•	•	•
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Statement of Player/Athlete Capacities (cont)

FUNdamental	Learning to Train	Training to Train	Training to Compete	Training to Win	Retirement/Retainment
AIM:	AIM:	AIM:	AIM:	AIM:	AIM:
Physical	Physical	Physical	Physical	Physical	Physical
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•

Statement of Player/Athlete Capacities (cont)

FUNDamental	Learning to Train	Training to Train	Training to Compete	Training to Win	Retirement/ Retainment
Mental •	Mental •	Mental •	Mental •	Mental •	Mental •
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•

Statement of Player/Athlete Capacities (cont)

FUNDamental	Learning to Train	Training to Train	Training to Compete	Training to Win	Retirement/ Retainment
Lifestyle •	Lifestyle •	Lifestyle •	Lifestyle •	Lifestyle •	Lifestyle •
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•
Personal •	Personal •	Personal •	Personal •	Personal •	Personal •
•	•	•	•	•	•
•	•	•	•	•	•
•	•	•	•	•	•