

## APPENDIX 3 OUTLINE OF A SECTION OF A COACH PLAN

### An example of an outline of a section of a coach plan – Motorsport Ireland Coaching Plan

#### Coach-Education Targets

Element	Coaches		Courses		Syllabus		NCDP-trained Tutors	MI support tutors
Description	Number of new coaches per level	Number of experienced coaches for assimilation	Number of coach-education courses to be run	Number of organisers to run courses	Syllabus in place for courses to be run	Syllabus in place for Level 1 Coaches to teach	New tutors to be trained to deliver courses	Number of MI support tutors to be trained to deliver courses
<b>Target for 2002</b>	8 x Introductory Level coaches	N/A	1 x Introductory Level courses	1 Coaching co-ordinator/tutor	Introductory Level syllabus		3 tutors	1 support tutor
<b>Target for 2003</b>	16 x Introductory Level coaches 16 x Level 1 coaches	N/A N/A	2 x Introductory Level courses 2 x Level 1 courses	1 Coaching co-ordinator 1 Tutor	Introductory Level syllabus Level 1 syllabus	Practical Motorsport Level 1 syllabus for racing, karting & stage rallying.	1 or 2 tutors	1 or 2 support tutors
<b>Target for 2004</b>	16 x Introductory Level coaches 16 x Level 1 coaches	N/A N/A	2 x Introductory Level courses 2 x Level 1 courses	1 Coaching co-ordinator 1 Tutor	Introductory Level syllabus Level 1 syllabus	Practical Motorsport Level 1 syllabus for racing, karting & stage rallying.	1 or 2 tutors	1 or 2 support tutors

#### Coach-Education Targets Continued

Element	Materials		Coach certification	Coaching database /register	Assimilation			Course monitoring	Coaches in-service	Integration of Code of Ethics
Description	Standardised tutor materials for course delivery	Support materials for coaches	Procedures in place to certify coaches and for entry to register	Database register in place for each coaching level	Procedures in place to ensure the assimilation of experienced coaches	Procedures in place to ensure the assimilation of experienced competitors	Courses to assimilate experienced coaches and competitors	Workshops to ensure coaches stay up-to-date	The integration of the Code of Ethics and other MI policies in each element	
<b>Target for 2002</b>	For Intro Level	For Intro Level	For Intro Level	For Intro Level	N/A	N/A	N/A	For Intro Level	N/A	For Intro Level
<b>Target for 2003</b>	For Intro Level For Level 1	For Intro Level For Level 1	For Intro Level For Level 1	For Intro Level For Level 1	N/A	N/A	N/A	For Intro Level For Level 1	N/A	For Intro Level For Level 1
<b>Target for 2004</b>	For Intro Level For Level 1	For Intro Level For Level 1	For Intro Level For Level 1	For Intro Level For Level 1	N/A	N/A	N/A	For Intro Level For Level 1	N/A	For Intro Level For Level 1