

Example of the contents page of an Introduction to coaching/Level 1 Logbook

Page 1	Name address and contact details of coach/ tutor and other NGB personnel
Page 2	Information and instructions on how to complete the logbook
Page 3	Outline details of coaching facilities and resources required by the coach (including first aid)
Page 4	Player details
Page 5	Player-attendance details
Page 6 – 10	Blank session plans
Page 11	Session review by coach
Page 12	Session review by tutor through observation and logbook
Last page	Useful contacts, i.e.: doctor, hospital